



CITY OF SOUTHAMPTON SWIMMING CLUB

The Quays Swimming & Diving Complex | 27 Harbour Parade | Southampton | SO15 1BA

Southampton Summer Splash Meet 2025

Saturday 7th June 2025

Session 1

Please arrive 7.45 for 8.00 warm up

8.00 – 8.20 Male/Open 13+ & Female 15+
8.20 – 8.40 Male/Open 12&u & Female 10&u
8.40 – 9.00 Female 11-14

Racing starts at 9.05

1 Male/Open 200 Fly

2 Female 200 Free

3 Male/Open 100 Free

4 Female 50 Back

5 Male/Open 50 Breast

6 Female 100 Fly

Estimated finish 11.35

Sunday 8th June 2025

Session 3

Please arrive 7.45 for 8.00 warm up

8.00- 8:20 Female 13&u
8.20 – 8:40 Female 14+ & Male/Open 15+
8.40 – 9.00 Male/Open 14&u

Racing starts at 9.05

14 Female 200 Fly

15 Male/Open 200 Free

16 Female 100 Free

17 Male/Open 50 Back

18 Female 50 Breast

19 Male/Open 100 Fly

Estimated finish 11.25

Saturday 7th June 2025

Session 2

Warm up starts 12:30

12.30 – 12:50 Female 12&u & Male/Open 9&u
12.50 – 13:10 Female 13 & over
13.10 – 13:30 Male/Open 10+

Racing starts at 13.35

7 Female 200m IM

8 Male/Open 200m Breast

9 Female 100m Breast

BREAK 15 MINS

10 Male/Open 100m Back

11 Female 200m Back

12 Male/Open 50m Fly

13 Female 50m Free

Estimated finish 17.00

Sunday 8th June 2025

Session 4

Warm up starts 12:30

12.30 – 12:50 Male/Open 14&u
12.50 – 13:10 Female 14+ & Open/Male 15+
13.10 – 13:30 Female 13&u

Racing starts at 13.35

20 Male/Open 200m IM

21 Female 200m Breast

22 Male/Open 100m Breast

23 Female 100m Back

24 Male/Open 200m Back

25 Female 50m Fly

26 Male/Open 50m Free

Estimated finish 16.30